

SWEILYNT IMMNT DW JNM

ASLI IB`G BYNN SWEILYNT IMMNT IEK SWQI PRWRQNW SI, IJS DW AWRMB VYLESLEY ITAUFR POL (JO IK BRQWNVJ POJ IV`C MYJR AQY CYILS VYL T`RST, GLESTNBRI DY JNMDWQW SN) NY KIQQW[

DUSRY IVSV XU`D DY DORWN NW KYVL BRQWNI AW BLIK SWRY HI KWMNVYLQ DYSW DY LKW DI IGXQI IV`C LOK RWQ DY 9 VJY KBRW PRSWIRQ HOX QON PIHLW CWEIMS AOP IB`G BYNN DY SWHMY IEKTY HUMDY AQY SWQI LEI PRWRQNW KRQDY[

XU`D DY IBAW NK SMYN DORWN SWEILYNT IMMNT SMSWR BR DW BLW CWHUX VWLY LOKW DY IDLW IV`C IE`K ROSNI AQY AUMID DW IVSWL SWGR BX KY AUBIRAW[

IES NMU CYVYN IKMG JWRJ, SR IVMSTN CRCL AQY AUSDI PWRLIMYNT DY SWRY MYNBRW DW SIHXOG PRWPQ SI AQY NWL HI IES NMU AUS VYLY DY AMRIKW DY RWSTRPQI PRYNKILN FI ROSVYLT NY VI IE`K IVSYS PIHCWX PRDWN KIQI[

SWEILYNT IMMNT DW PRCWR DRQI, SMUMDR, XUDBUMIAW, BMKRW AQY HSPQWLW IV`C HOX LGW[10 NVMBR 1940 NMU CRCL DI MD`D SDKW BI.BI. SI CYNL NY HRYK AYQVWR NMU SWEILYNT IMMNT DI ARMBQW NMU DRSWAUX LEI CWEIMS AOP IB`G BYNN VJWAUXW SURU KR IDQW[

MYJR VYLESLEY ITAUFR POL DY ANUSWR,

“DRQI QY AIJHI KOEI SKQI NHIN JO MNUKQW DW BLW CWHUX VWLY PURKW AQY IESQRIAW DY AIDAWQMK PD`R DY SMGITQ SHXOG DW SWHMXW KR SKY[IEHO HI KWRX HY IK SWEILYNT IMMNT DI LGWQWR AQY VFY PYMWNVY QY HO RHI PWLXW MNUKI KILAWX DY ISLSLY IV`C VDYRY MHQQW RKDI HY[”

FORQI POSTR NY SWEILYNT IMMNT NMU PIHCWX DYIDAW HOIEAW SMN 1994 IV`C IES NMU IB`G BYNN SWEILYNT IMMNT CYRTI DY NW NWL RIJSTRF KRVWIEAW[

SIMQI DI MDD DY NWL, FORQI NY IVSV SWQI DY SKQISWLI IVCWR NMU AUQPMN KRN LEI SMSWR BR DY LKW LOKW NMU IE`K IVSYS SMYN QY PRWRQNW KRN LEI SMGITQ KIQQW[

SWEILYNT IMMNT

SWQI LEI PRWRQNW

**“MYRI HOND DY JNMDWQW,
MYNMU SWQI NWL IJAXU LEI
MYRI MDD KR,MYRI IPAWRI
DRQI QY MYRY GR NMU
SURIKAQ R`K”**

DRQI AUPR A`J VI AIJHY KEI DYS AQY KOMW HN IJNHW DRIMAWN XU`D AQY JGVY HO RHY HN[AQIQ QON HI ASIN JWXYDY HW IK PRWRQNW IKMNI MHQVPURX HY,AWE ASIN BIV`K BWRY SKWRWQMK IVCWRW NWL SOCIEY[SWFY AQY SMSWR BR DY IVCWRW NWL SMBIDQ SWRY P`K IEK IVAWPK AURJW

PYDW KRQDY HN JO SKWRWQMK VI HO SKDI HYY QY NKWRWQMK VI[JYKR ASIN SKWRWQMK IVCWR NWL PRWRQNW DW IE`K PL AUQPMN KRQDY HW,QW ASIN PIRVRQN ILAW SKDY HW IKAUNIK ASI AWPXI SKWRWQMK SOC AQY PRWRQNW DY SWJYY XQNW SDKW IEK IVSV IVAWPK ROSNI BX JWQDY HW[

SWQI DW BWV KYVL XU`D DI AXHOND NHIN-IEH QW IPAWR AQY IDAWLUQW HY,SWRI MNUKQW LEI,DRQI QY RIHX VWLY JIVW LEI AQY DRQI DY AWPY LEI JO IK AWPXY AWP IV`C IEK JIVN HY[SWFY SKWRWQMK IVCWR IEK SKWRWQMK SMSWR DW INRMWX KRQDY HN[ASL SWQI AUNHW IVAKQIAW DY IDLW AQY MNW IVC MIHSUS KIQI JW SKDI HY JO BDLY IV`C KOMW AQY RWSTRW DW INRMWX KRQDY HN[IJVVYN IK ASIN SWRY AMDRUNI SWQI DI AVSQW NMU IQAWR KRQDY AQY KWIEM RKDY HW, KUDRQI QOR QY ASI VDYRY SKWRWQMK IVCWR PRGT KRWGY[IES QRW CMGY PRBWV PYLXGY[

SWEILYNT IMMNT DY AUDYS

ASIN SMSWR BR IV`C QUHWNMU SWIRAW NMU,HR JVWN AQY BU FY NMU, IKS Y VI DRM NMU MMNX JW NW MMNX VWLY NMU,SWRY DYSW NMU AQY MNUKQW DIAW SWRIAW NSLW NMU, IDN IV`C GTO-GT IE`K VWR AQY PIHL DY AWDWR QY SQWNK SMYN ANUSWR RWQ DY 9 VJY JW IPR JDON SMBV HO SKY, SWQI PRWRQNW IV`C SWIML HOX LEI SD`W IDMDY HW[IEH BHUQ HI SWDWRX HY[

AIJHW KRN LEI KOEI IVSYS PRWRQNW JW SBDW DI LOV NHIN HY[ICMQN-MNN KRN DY AWPXY VK`RY PRBWV HMUDY HN AQY IEH AMQR MMN NMU JWGRUK KRQDY HN AQY AWQIMK SWQI PRDWN KRQDY

HN[PR AUH JO SURUAWQ PRWRQNW
NWL KRNW CWHMUDY HN ASIN
SWEILYNT IMMNT PRWRQNW DI SLWH
IDMDY HW[

AWE ASIN SWRY LGWQWR AWPXI SWQI
DI AMDRUNI AVSQW NMU PRWPQ KRN DI
KOISS KRIEY IVSYS QOR QY DU`K
,PRYSWNI JW MUSIKL PLW IV`C [IEH
IEQY HI SMWPQ NHIN HMUDW!!!!!!

ASIN, IB`G BYNN SWEILYNT IMMNT,DY
TRSTI, FORQI NMU AUSDY SMSWR SWQI
PRQI SMRPX NMU IEK PIHCWX PRDWN
KRDY HW[QUHWF I MDD DY NWL,ASIN
SMSWR BR IV`C DRQI AUQY SWQI LEI IES
JWGRUKQW NMU PYLWAUNDY RHWGY[

IKRPW KRKY SWQI DUQ BX KY SWFY IV`C
SWIML HOVO[AWE ASIN AJ HI AWPXY
AQY AWAUX VWLIAW PIVIAW LEI IEK
CMGY SMSWR DW INRMWX KRIEY[

T`RSTI

BYRONYS AYFMI FI POLI
FW. QOMS FYPRN
IMS. AWEIVI SIM`Q
AYN TYNG
MY PYNG
ENFRY KRWNI
LYSLY PINK



PYTRONS

IMSZ EI HWRBOTL
BI KY FWDI JWNKI
PIRMSS HYLNW MOTWWIPAN AYM. BI. EI
SMQ BWBW AMR ISMG JI
BWEI SWIHB MIHMdr ISMG
SIMQIAW PILMGTN
AWRCBISP FI. TUTU (IRTWIEF) AYS. EY
AYFVRF ITAUFR POL
“XWD RKO HR ROZ AWPXY SMYN DY IEK
PL NMU RWQ DY 9 VJY PRWRQNW NMU
SMRIPQ KRO,SMSWR BR IV`C SWQI BXWEI

RKX LEI AQY SWRY RWSTRW DY LOKW
DRIMAWN HO RHY JGIVAW DI SMWPQI
LEI”
MYJR VYLESLEY ITAUFR POL DY ANUSWR,

SWEILYNT IMMNT BRIHMMF NWL
SMBMD RKDI HY[IEH QUHWFY SWIRAW
NWL SMBMIDQ HY[

ASIN QUHWNMU SWIRAW NMU IES DI
VRQON IJNHI QUSIN KR SKDY HO,KRN LEI
PRYIRQ KRDY HW[IKRPW KRKY IMITMG
SDX VYLY,IEK`T KRN VYLY,GRW IV`C JW
BWHR IKQY VI IESNMU AWPXY KQW,
AKBWRW, MYGZINW AWID IV`C JRUR
SQWN IDE[
JO ASIN CWHMUDY HW AUH KYVL IEH HY
IK QUSIN VI IB`G BYNN SWEILYNT IMMNT
CYRTI NMU PIHCWX IDE[

RIJSTR CYRTI NM:1054185

VYBSWEIT:

www.thesilentminute.org.uk

EIMYL:

enquiries@thesilentminute.org.uk

IES IVSYS KMM LEI IDL KOL KY DWN IDE[

IEH QSVIR PWRLIMYNT QON MMJURI LY
KY CWPI GEI HY[

SWEILYNT

IMMNT

SWQI LEI PRWRQNW



“MYNMU SWQI NWL
IJAXU LEI MYRI MDD
KR,MYRI IPAWRI DRQI
QY MYRY GR NMU
SURIKAQ R`K”